

## **STUDENT WELLNESS**

### I. Policy Statement

The Gloucester County School Board recognizes the correlation between student health and learning, and therefore desires to provide a comprehensive program promoting healthy eating and physical activity for division students.

### II. Goals

The Gloucester County School Board has established the following goals to promote student wellness in nutrition education, physical activity, and nutrition guidelines:

#### A. Nutrition Education

Gloucester County Public Schools will teach, encourage, and support the healthy eating habits of students through nutrition education and nutrition promotion.

#### B. Physical Activity

Gloucester County Public Schools will teach, encourage, support, and promote lifelong physical activity for students.

#### C. Nutrition Guidelines

Gloucester County Public Schools will promote appropriate nutritional standards (for foods and beverages) that encourage healthy lifestyles and discourage childhood obesity.

### III. School Health Advisory Board

The School Health Advisory Board will serve as a resource and provide guidelines for the implementation of this policy. Guidelines will be reviewed annually with recommendations submitted to the School Board for review as required by the Virginia Department of Education.

**ADOPTED:** April 11, 2006

**REVISED:** May 15, 2007  
May 11, 2010

**LEGAL REFERENCES:** 42 U.S.C. § 1751 Note  
Code of Virginia, 1950, as amended, § 22.1-253.13.1.D.13

**CROSS REFERENCES:** EFB Free and Reduced Priced Food Services  
IGAE Health and Physical Education  
JL Fund Raising and Solicitation  
KQ Commercial, Promotional, and Corporate Sponsorships and Partnerships