

HEALTH EDUCATION/PHYSICAL EDUCATION

Each school organizes and maintains a physical and health education program in accordance with Board of Education regulations and State Board of Health guidelines.

The Gloucester County Public Schools' goal is that a program of physical fitness will be available to all students for at least 150 minutes per week on average during the regular school year. Such program may include any combination of physical education classes, sustained periods of walking, extracurricular activities, and other programs of exercise and physical activity. The Gloucester County School Board has incorporated a goal for the implementation of such program during the regular school year into its wellness policy, JHCF Student Wellness.

Documentation will be provided by the principals in their school schedules.

- ADOPTED:** July 1, 1991
- REVISED:** September 9, 2008
July 13, 2010
May 12, 2015
- LEGAL REFERENCES:** Code of Virginia, 1950, as amended, §§ 22.1-207, 22.1-253.13:1..
8 VAC 20-320-10
- CROSS REFERENCES:** IGAG Teaching About Drugs, Alcohol, and Tobacco
JHCA Physical Examinations of Students
JHCF Student Wellness
JO Student Records